

ADULT ACTIVITIES



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NOVEMBER 2015 FUN

ACTIVITY	DAY	TIME	PAGE
Indoor Walk	Mon-Fri	5:00-9:00am	Page 2
Pickleball	Mondays	9:30-10:30am	Page 2
Hand & Foot	Mondays (no 11/16)	12pm	Page 2
Dime Bingo	Tuesdays	9:30am	Page 2
Bible	Thursdays (no 11/26)	9:00am	Page 2
Games & More	Fridays (no 11/27)	10:00am-12pm	Page 2
Hand & Foot	Fridays (no 11/27)	12:00-2pm	Page 2
Games Galore	Mon: 2 & 30 (no 11/16)	10:00am-12pm	Page 2
Mah Jong	Tue: 3 & 17	11:00am	Page 2
Crochet/Knit	Wed: 4	9:30am	Page 2
New Member	Wed: 4	12:30pm	Page 2
Church Basement	Thur: 5	See Details	Page 3
Singles Group	Thur: 5	See Details	Page 3

****YGive Week****YGive Week****YGive Week****

Cribbage	Mon: 9 & 23 (new day)	10:00am (new time)	Page 3
YBingo	Tue: 10	9:30am	Page 3
Trash	Tue: 10	12:30pm	Page 3
Volunteer Mtg	Wed: 11	9:30am	Page 3
ThanksGIVING Potluck	Wed: 11	12:30pm	Page 3
Find Fancy	Thur: 12	12:30pm	Page 4
Murder Mystery	Mon: 16	9am-2pm	Page 4
Julia Childs	Tue: 17	2:00pm	Page 4
Craft/Bake Sale	Wed: 18	9am-2pm	Page 4
Art 2B Smart	Thur: 19	11:00	Page 5
Hobby Hour	Thur: 19	12:30pm	Page 5
Sewing	Thur: 19	12:30pm	Page 5
Singles Group	Thur: 19	See Details	Page 5
JAM Session	Tue: 24	11:30-2:00pm	Page 5
Book Club	Wed: 25 offsite	10:00am	Page 5
FREE FRIEND	Fri: 27 (Photo ID REQUIRED)	ALL DAY	

November's Complete Calendar is listed on Page 6

PLEASE READ EVENT/ACTIVITY DESCRIPTIONS ON THE FOLLOWING PAGES FOR ANY DATE/
TIME CHANGES OR CANCELLATIONS. ALL EVENTS/ACTIVITIES ARE SUBJECT TO CHANGE.



Continues next page

YMCA OF THE GREATER TWIN CITIES

ANDOVER YMCA

15200 Hanson Blvd, Andover MN 55304

PLAN AHEAD

DECEMBER:

Mystery Bus Trip page 5
12/16 Christmas Party

JANUARY:

1/21 Scrap & Stamp
Retreat

FEBRUARY:

2/26 Mystery Meal
FUNdraiser (registration
begins in December)

VOLUNTEERS NEEDED!

See page 5

YGive week is November
8th – 14th.

Look for fun special
events promoting
charitable contributions to
OUR Y.

QUESTIONS, COMMENTS, IDEAS?

Jodi Blowers at
Jodi.Blowers@ymcatwincities.org
763-230-6552
www.facebook.com/YMCATwinCities

INDOOR WALK GROUP MOST MONDAYS-FRIDAYS 5:00-9:00AM FIELD HOUSE

Walk 10 times around the Field House and you've just walked one mile!

PICKLEBALL EVERY MONDAY 9:30-10:30AM FIELD HOUSE

Pickleball is a cross between tennis, table tennis, and badminton. It is played on a court slightly smaller than a tennis court using wooden paddles and a plastic whiffle ball. LEAD VOLUNTEER: MICHELLE

HAND & FOOT CARD GAME MONDAYS (NO 11/16) & FRIDAYS (NO 11/27)

12:00PM COMMUNITY RM

Hand & Foot is a strategic game full of excitement and is similar to Canasta and Rummy but much more fun! The object of the game is to play all 22 cards in a "Hand and a Foot", 11 cards each, as quickly as possible while tormenting your opponents! LEAD VOLUNTEER: CAROL H.

DIME BINGO! EVERY TUESDAY 9:30 A.M. COMMUNITY ROOM

This fun mixer will be held on Tuesdays-bring your friends, bring your smiles, bring your dimes!

On the **LAST** Tuesday of the month we will play **WHITE ELEPHANT BINGO**-bring a "Wrapped White Elephant Item" to add to the prize table! LEAD VOLUNTEER: KAREN V.

WALK THROUGH THE BIBLE EVERY THURSDAY (NO 11/26) 9:00AM

Join us each week as we discuss verses in the Old and New Testaments. Treats and coffee in the Dining Room after the discussion. LEAD VOLUNTEER: MARY C.

In Chapel at Arbor Oaks-1640 155th Lane NW Andover

GAMES GALORE & MORE MONDAY, NOVEMBER 2 & 30 (NO 11/16) & FRIDAYS (NO 11/27) 10:00AM-12:00PM COMMUNITY RM

Join this fun filled group who LOVES to play all sorts of games-Cribbage, Dominos, 500, Bridge, etc. on the 1st & 3rd Monday of the month. LEAD VOLUNTEER: SUZANNE A.

MAH JONG TUESDAY, NOVEMBER 3 & 17 11:00AM COMMUNITY ROOM

Join the fun on the 1st & 3rd Tuesday of the month. LEAD VOLUNTEER: MARGARET W.

CROCHET & KNIT WEDNESDAY, NOVEMBER 4 9:30AM COMMUNITY ROOM

Come and enjoy conversation with others as you work on your own project. LEAD VOLUNTEER:

NEW MEMBERS LUNCH & RECEPTION WED., NOV. 4 12:30PM COMMUNITY RM

Welcome to the Andover YMCA, we are pleased you have chosen our location to work out, to attend educational seminars, participate in social events and spend time with friends. Join us as we get to know some new faces, learn more about the classes and enjoy some refreshments. RSVP: Jodi Blowers at 763 230-6552 or



Continued from front page

CHURCH BASEMENT LADIES THURSDAY, NOVEMBER 5 -THIS IS SOLD OUT

LOAD BUS AT Y FRONT DOOR: 10:45am

TIME: 11:00am-4:00pm

COST: INCLUDES TRANSPORTATION & SHOW TICKET-LUNCH IS ON YOUR OWN

NO REFUNDS-YOU WILL NEED TO FIND YOUR OWN REPLACEMENT.

If you want the \$5 lunch we can take your order and call it in so that it will be ready when you arrive. If you prefer to wait or want something different, you can order at the DQ. **(cost of lunch is on your own).**

#1 Crispy Chicken Wrap, fries, drink, sundae

#2 Deluxe Cheeseburger, fries, drink, sundae

#3 3 Piece Chicken Strip, fries, drink, sundae

SINGLES WHO MINGLE THURS., NOVEMBER 5 5:00PM BOULEVARD BAR & GRILL

Are you single and want to meet new people? Then come to our "Singles Who Mingles" group on the 1st & 3rd Thursday of the month. Details for our outings will be posted on the Adult Board at the Andover YMCA. LEAD VOLUNTEER: PAT N. Boulevard Bar & Grill 3395 Coon Rapids Blvd 763 951-2420

Y GIVE WEEK NOVEMBER 8-14!

Look for fun special events promoting charitable contributions to OUR Y!



CRIBBAGE MONDAY, NOVEMBER 9 & 23 10:00 A.M.

COMMUNITY ROOM (NEW DAY & TIME)

If you love cards, pegging and laughing....then cribbage is the game for you! Join us on the 2nd & 4th Monday of the month for some cribbage fun. LEAD VOLUNTEER:SUZANNE A.

Y BINGO TUESDAY, NOVEMBER 9:30AM

Super, Wonderful, Amazing "YMCA" prizes given during YBingo!

TRASH TUESDAY, NOVEMBER 10 12:30PM COMMUNITY ROOM

Join in on this fun card game! Beginners welcome-we will teach you how to play. Bring your friends!

LEAD VOLUNTEER:

VOLUNTEER PLANNING MEETING FOR CHRISTMAS PARTY WEDNESDAY, NOVEMBER 11 9:30AM COMMUNITY ROOM

Jodi is looking for volunteers to help with the upcoming Christmas Party on Wednesday, December 16.

If you are interested in helping please join us at the planning meeting.

GIVING..... THANKS! POTLUCK LUNCH WEDNESDAY, NOVEMBER 11 12:30PM

COMMUNITY ROOM

Each table seats 10 people. Each person (couples count as 2 people) will bring food for only those 10 people at your specific table. Please bring your own tableware, serving utensils, coffee urns, cups, etc. Bring whatever YOUR table of 10 people will need and use. Sign up on the Adult Board at a specific table of 10!

Be generous, be supportive, give to the Annual Giving Program (\$5 recommended donation-100% goes directly to the Andover YMCA). LEAD VOLUNTEER: CAROL H.

BRING A COPY OF THE RECIPE OF YOUR FOOD ITEM TO ADD TO OUR POTLUCK COOKBOOK!

FINDING YOUR FANCY THURSDAY, NOVEMBER 12 12:30PM COMMUNITY ROOM

When was the last time you PAMPERED yourself? Every women needs to feel FANCY! Come to this super fabulous, frilly, fancy, fantastic event and "Find Your Fancy". Tutu's, tiara's, gowns and jewels are welcomed and encouraged!

Space is limited. Sign up on the Adult Board and Pay at Member Service to secure your spot.

COST: \$10 MEMBERS/\$15 NON-MEMBERS (includes pampering, prizes and light lunch)



MURDER MYSTERY PARTY MONDAY, NOVEMBER 16 9:00AM-2:00PM

EVENT IS SOLD OUT! Watch the Adult Board for the next Murder Mystery Party set for January 2016!

JULIA CHILDS "LIVE IN-PERSON" TUESDAY, NOVEMBER 17 2:00PM

Remember Julia Childs and her amazing cooking show?! Well she's BACK! Well at least our version of Julia Childs is back. Come to Arbor Oaks and be part of the "studio audience" at the NEW AND IMPROVED "Julia Childs Thanksgiving Cooking Show Demonstrations". Maybe you will be a lucky studio audience member chosen to help Julia as she prepares food for her Thanksgiving feast!



CRAFT & BAKE SALE WEDNESDAY, NOVEMBER 18 9:00AM-2:00PM

Bring your money and get ready to SHOP, SHOP, SHOP till you drop! We will have tons of unique, one of a kind hand crafted gifts for you to buy! Christmas is right around the corner and you can get everyone crossed off your list by coming to the Craft & Bake Sale!



ART 2B SMART THUR., NOVEMBER 19 11:00AM-COMMUNITY ROOM

We are going to be embellishing jackets with beads! You can either bring your own jacket, vest, shirt OR buy one at Art 2B Smart (Appx. \$5 per jacket, limited sizes available). We will provide the beads! You Bring: needle, thread, scissors



HOBBY HOUR THUR., NOVEMBER 19 12:30PM COMMUNITY ROOM

We are going to be creating wonderful holiday wreaths. We will provide the decorative mesh! You Bring: 8" wire floral ring, pipe cleaners, scissors. Instructor: Betty C.



SEWING THURSDAY, NOVEMBER 19 12:30PM ARBOR OAKS

If you love to volunteer AND sew then this is for YOU!

We are making walker bags and clothing protectors.

Bring your sewing machine & scissors or just your smile and we will put you to work! LEAD VOLUNTEER: TERI G.

SINGLES WHO MINGLE THURS., NOV. 19 (CHECK ADULT BOARD FOR DETAILS)

Are you single and want to meet new people? Then come to our "Singles Who Mingles" group on the 1st & 3rd Thursday of the month. Details for our outings will be posted on the Adult Board at the Andover YMCA. LEAD VOLUNTEER: PAT N.

JAM SESSION TUESDAY, NOVEMBER 24 11:30-2:00PM COMMUNITY ROOM

Do you love to sing, play an instrument or perform? Whether you're a seasoned musician or just beginning, this is for YOU!

Bring your voice, instrument and talent (or not) and share it with others. Any style, ACOUSTIC PLEASE. Listeners are welcome too! LEAD VOLUNTEER:

BOOK CLUB WED., NOVEMBER 25 10:00AM COMMUNITY ROOM -OFFSITE!

Join us as we discuss the book of the month. Books can be ordered and/or picked up from the Anoka County Library. Some books are available in the Fitness Office. LEAD VOLUNTEER:

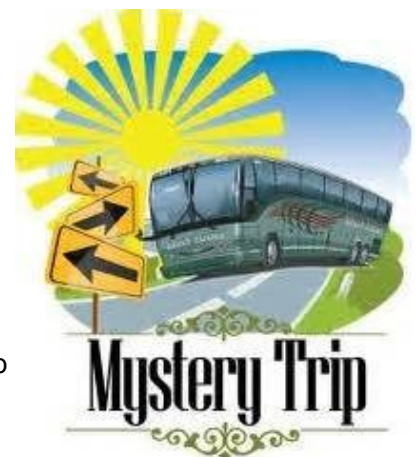
FREE FRIEND FRIDAY! FRIDAY, NOVEMBER 27 ALL DAY!

Bring a friend in for free all day today! Photo ID is required for guests.

DECEMBER MYSTERY BUS TRIP


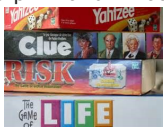




TRAVEL INTEREST GROUP

A Mystery Bus Trip is in the works! It is such a Mystery that we can not include the information in this newsletter. If you are interested in finding out more about the upcoming December Mystery Bus Trip you will need to come into the Andover YMCA, find the Adult Board and READ ALL ABOUT IT!



VOLUNTEERS NEEDED!

We need "lead" volunteers for each activity. If you are interested in being our "lead" volunteer for a specific activity please contact Jodi Blowers at 763-230-6552.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:30am Pickleball 10:00am Games Galore 12:00pm Hand n Foot ***5:00-9:00am Indoor Walking Monday-Friday	3 9:30am Dime Bingo 11:00am Mah Jong 	4 9:30am Crochet/Knit 12:30pm New Member Lunch/Reception	5 Church Basement Ladies 9:00am Bible-offsite 5:00pm Singles Who Mingle	6 10:00am Games & More 12:00 pm Hand n Foot 
9 9:30am Pickleball 10:00am Cribbage 12:00pm Hand n Foot YGive Week ***	10 9:30am Dime Bingo 12:30pm Trash YGive Week ***	11 9:30am Volunteer planning mtg for Xmas party 12:30pm Potluck Lunch YGive Week ***	12 9:00am Bible-offsite 12:30pm Finding Your Fancy YGive Week ***	13 10:00am Games & More 12:00 pm Hand n Foot YGive Week
16 9:30am Pickleball 9:00am Murder Mystery 	17 9:30am Dime Bingo 11:00am Mah Jong 2:00pm Julia Childs Thanksgiving 	18 9:00am-2pm Craft and Bake Sale 	19 9:00am Bible-offsite 11:00am Art 2B Smart 12:30pm Hobby Hour 12:30pm Sewing-offsite Singles Who Mingle	20 10:00am Games & More 12:00 pm Hand n Foot
23 9:30am Pickleball 10:00am Cribbage 12:00pm Hand n Foot	24 9:30am White Elephant Dime Bingo 11:30am JAM Session	25 10:00am Book Club-offsite SCHOOL RELEASE DAY- NO ROOMS AVAILALBE	26 HAPPY THANKSGIVING! SCHOOL RELEASE DAY- NO ROOMS AVAILALBE 	27 FREE FRIEND FRIDAY SCHOOL RELEASE DAY- NO ROOMS AVAILALBE
30 9:30am Pickleball 10:00am Games Galore 12:00pm Hand n Foot				